



## Participating District Overview

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

### Priority 2: Emotional Well-Being

The [National Center for School Mental Health](#) (NCSMH) and the [Collaborative for Academic, Social, and Emotional Learning](#) (CASEL) is hosting a one-year (August 2023-June 2024) CDC Healthy Schools WSCC Emotional Well-Being Learning Community (WSCC Emotional Well-Being LC) to advance health equity in K-12 schools through focus on **mental health** and **emotional well-being supports**. Participating state teams will work with identified districts and schools to **advance school-based services** aimed at improving emotional well-being for students and school communities disproportionately affected by chronic disease and associated risk factors.

#### Initiative Overview

The CDC's **Whole School, Whole Community, Whole Child** (WSCC) framework is a comprehensive, **student-centered** approach to advance health equity that focuses on the connection between health and academic achievement, supported through **evidence-based** policies and practices with the community supporting the schools. The WSCC Emotional Well-Being LC will utilize the WSCC framework to **promote the emotional well-being of children and adolescents in schools** through professional development, technical assistance, training, resources, and implementation support. **The LC will focus on amplifying youth voices by engaging youth as collaborative leaders** in advancing youth emotional well-being. This learning community will use an **equity-driven**, community of practice approach to facilitate shared learning and continuous quality improvement.

Learning content will include culturally responsive best practices to advance equity in:

- School Mental Health
- Social Emotional Learning
- Youth Leadership
- Staff Wellness
- Supporting Teacher-Student Relationships
- Universal Mental Health Screening
- Advancing School Emotional Well-Being Policies and Procedures

## What is the WSCC Emotional Well-Being LC?

The WSCC Emotional Well-Being LC will be composed of **State Education Agencies (SEAs), districts, schools,** and partners committed to improving emotional well-being in school communities.

**NCSMH** and **CASEL** will support SEA teams in identifying **approximately 5 districts** with a commitment to equity and a holistic approach to supporting adults and students in school communities that are underserved, socio-economically marginalized, and disproportionately affected by chronic diseases and the risk factors that cause them.

**District leadership teams** may include directors of behavioral health/student support services, school climate leads, SEL leaders (if applicable), school administrators, family/community engagement liaisons, educators, and youth and family partners.

## Why participate in the WSCC Learning Collaborative?

- **Receive year-long training, technical assistance, and coaching** from national experts at the NCSMH and CASEL
- **Gain access to training and resources** from NCSMH and CASEL's extensive partnerships with over 100 organizations to support SEAs, districts, and schools
- Engage in training and supports to **elevate youth voices** and engage youth as **collaborative partners** in advancing youth emotional wellness
- **Address disparities** in access and availability of emotional well-being services
- **Improve the quality of services** to support student emotional well-being in your state
- Receive **training and implementation support** for school staff in:
  - Integrating Culturally Responsive, Trauma-Informed School Mental Health
  - Implementing Evidence-based, Equitable and Inclusive Social Emotional Learning
  - Applying SEL skills to strengthen teacher-student relationships
  - Implementing universal mental health screening best practice
  - Promoting staff wellness
- **Collaborate and learn with a network of peers** from across the nation

Please aim to have all districts identified by **September 1, 2023**, so they can participate fully in the district intensive training on **Tuesday, September 12, 2023**.

**If you need assistance identifying districts to participate, please let us know!**

## Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in LC virtual Welcome Event webinar (1-hour)	✓		
Participate in Individual State Leadership Meeting to complete needs assessment (1-hour)	✓		
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (half day)	✓	✓	
Youth Leadership Academy Intensive Training (half day)	✓	✓	✓
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	✓	✓	
Attend 4 Youth Leadership Action calls to plan, share strategies and receive TA from experts (1-hour each)	✓	✓	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the <a href="#">State School Mental Health Profile</a> (1-3 hours)	✓		
Complete the <a href="#">School Mental Health Quality Assessment (SMH-QA)</a> on the <a href="#">School Health Assessment and Performance Evaluation (SHAPE) System</a> (1-2 hours)		✓	

## WSCC Emotional Well-Being LC 2023-24 Cohort Schedule

Leadership Training	
<p><b>August 31, 2023</b></p> <p>1-2 PM EST/12-1 PM CST/11-12 AM MST</p>	<p><b>Welcome Webinar for All SEA Leadership</b> (60 minutes)</p> <p>All State Team members invited to attend</p>
<p><b>September 2023</b></p> <p>Individually scheduled</p>	<p><b>Individual State Leadership Launch Meetings</b> (60 minutes)</p> <p>At least 2 state team leaders to attend with project staff</p>
<p><b>September 12, 2023</b></p> <p>11-3 PM EST/10-2 PM CST/9-12 PM MST</p>	<p><b>SEA and District Kick-off/Intensive Training</b> (4 hours)</p> <p>All participating states and district teams, including the District Youth Liaison</p>
<p><b>October 17 &amp; 19, 2023</b></p> <p>12-2 PM ET/11-1 PM CST/10-12 PM MST</p>	<p><b>Youth Leadership Academy Intensive Training</b> (2-days, 2-hours each day)</p> <p>District Youth Liaisons and Youth Leaders</p> <p>State and district teams invited to attend a portion of the 2<sup>nd</sup> day</p>
Training and Technical Assistance Support for States and Districts	
<p><b>November 2023-June 2024</b></p> <p>2<sup>nd</sup> Tuesday of the month 12:30-2 PM EST/11:30-1 PM CST/10:30-12 PM MST</p> <p><i>November 14, December 12, January 9, February 13, March 12, April 9, May 14, June 11</i></p>	<p><b>Monthly Community of Practice Action Calls (CoP)</b> (90 minutes)</p> <ul style="list-style-type: none"> <li>● Focused on shared learning and quality improvement with didactics lead by national experts on school mental health, social-emotional learning</li> <li>● All SEA and District Teams</li> </ul>
<p><b>November 2023-May 2024</b></p> <p>4th Tuesday of the month from 1-2 PM EST/12-1 PM CST/11-12 PM MST</p> <p><i>November 28, January 23, March 26, April 23</i></p>	<p><b>4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth Leaders</u></b></p> <ul style="list-style-type: none"> <li>● On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being</li> </ul>