



## **State Education Agency Expectations**

## National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

**Priority 2: Emotional Well-Being** 

State Education Agency (SEA) Team Role in the WSCC Emotional Well-Being Learning Collaborative

In addition to setting state-wide goals to advance health equity and emotional well-being, SEA teams are tasked with providing the <u>structure</u> and <u>organization</u> for the districts to move throughout the LC. State teams do not need to be the experts but can help to facilitate the districts understanding of content/resources and support the districts in implementing their efforts.

**NCSMH** and **CASEL** will support SEA teams in identifying **approximately 5 districts** with a commitment to equity and a holistic approach to supporting adults and students in school communities that are underserved, socio-economically marginalized, and disproportionately affected by chronic diseases and the risk factors that cause them.

## Role of the State Education Agency Team

- Convene and build a collaborative State-wide team to support emotional well-being.
- Select districts to participate in the yearlong learning collaborative.
- Support district leaders in assembling a multi-disciplinary team including administrators, school mental health professionals, student leaders, families, community partners.
- Complete the State Mental Health Profile on SHAPE and use it to guide action planning for a state level goal.
- Provide structure and support for district teams to complete needs assessment, develop an action plan, and implement goals. This may look like:
  - Holding a state-level meeting once a month to talk about district progress & answer questions.
  - Provide space/time for districts to meet and work on goals.
  - Connect districts to state and local resources to support their goals.
- Support districts in selecting and engaging with youth leaders to participate in the Youth Leadership Academy.

## **Expected Responsibilities**

	SEA Team	District team	Youth Leaders
Participate in LC virtual Welcome Event webinar (1-hour)	<b>√</b>		
Participate in Individual State Leadership Meeting to complete needs assessment (1-hour)	1		
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (half day)	1	1	
Youth Leadership Academy Intensive Training (half day)	•	-	1
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	1	1	
Attend 4 Youth Leadership Action calls to plan, share strategies and receive TA from experts (1-hour each)	•	1	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the <u>State School Mental</u> <u>Health Profile</u> (1-3 hours)	1		
Complete the <u>School Mental Health Quality Assessment (SMH-QA)</u> on the <u>School Health Assessment and Performance Evaluation</u> (SHAPE) System (1-2 hours)		1	

WSCC Emotional Well-Being LC 2023-24 Cohort Schedule				
Leadership Training				
August 31, 2023	Welcome Webinar for All SEA Leadership (60 minutes)			
1-2 PM EST/12-1 PM CST/11-12 AM MST	All State Team members invited to attend			
September 2023	Individual State Leadership Launch Meetings (60 minutes)			
Individually scheduled	At least 2 state team leaders to attend with project staff			
September 12, 2023	SEA and District Kick-off/Intensive Training (4 hours)			
11-3 PM EST/10-2 PM CST/9-12 PM MST	All participating states and district teams, including the District Youth Liaison			
October 17 & 19, 2023	Youth Leadership Academy Intensive Training (2-days, 2-hours each day)			
12-2 PM ET/11-1 PM	District Youth Liaisons and Youth Leaders			
CST/10-12 PM MST	State and district teams invited to attend a portion of the $2^{nd}$ day			
Training and Technical Assistance Support for States and Districts				
November 2023-June 2024 2 <sup>nd</sup> Tuesday of the month 12:30-2 PM EST/11:30-1 PM CST/10:30-12 PM MST	<ul> <li>Monthly Community of Practice Action Calls (CoP) (90 minutes)</li> <li>Focused on shared learning and quality improvement with didactics lead by notional experts on school mental health</li> </ul>			
November 14, December 12, January 9, February 13, March 12, April 9, May 14, June 11	<ul> <li>didactics lead by national experts on school mental health, social-emotional learning</li> <li>All SEA and District Teams</li> </ul>			
November 2023-May 2024	4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth</u>			
4th Tuesday of the month from 1-2 PM EST/12-1 PM CST/11-12 PM MST November 28, January 23,	<ul> <li>On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being</li> </ul>			
March 26, April 23				