



State Education Agency Expectations

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

Priority 2: Emotional Well-Being

State Education Agency (SEA) Team Role in the WSCC Emotional Well-Being Learning Collaborative

In addition to setting state-wide goals to advance health equity and emotional well-being, SEA teams are tasked with providing the <u>structure</u> and <u>organization</u> for the districts to move throughout the LC. State teams do not need to be the experts but can help to facilitate the districts understanding of content/resources and support the districts in implementing their efforts.

NCSMH and **CASEL** will support SEA teams in identifying **approximately 5 districts** with a commitment to equity and a holistic approach to supporting adults and students in school communities that are underserved, socio-economically marginalized, and disproportionately affected by chronic diseases and the risk factors that cause them.

Role of the State Education Agency Team

- Convene and build a collaborative State-wide team to support emotional well-being.
- Select districts to participate in the yearlong learning collaborative.
- Support district leaders in assembling a multi-disciplinary team including administrators, school mental health professionals, student leaders, families, community partners.
- Complete the State Mental Health Profile on SHAPE and use it to guide action planning for a state level goal.
- Provide structure and support for district teams to complete needs assessment, develop an action plan, and implement goals. This may look like:
 - Holding a state-level meeting once a month to talk about district progress & answer questions.
 - Provide space/time for districts to meet and work on goals.
 - Connect districts to state and local resources to support their goals.
- Support districts in selecting and engaging with youth leaders to participate in the Youth Leadership Academy.

Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in LC virtual Welcome Event webinar (1-hour)	√		
Participate in Individual State Leadership Meeting to complete needs assessment (1-hour)	1		
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (half day)	1	1	
Youth Leadership Academy Intensive Training (half day)	•	-	1
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	1	1	
Attend 4 Youth Leadership Action calls to plan, share strategies and receive TA from experts (1-hour each)	•	1	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the <u>State School Mental</u> <u>Health Profile</u> (1-3 hours)	1		
Complete the <u>School Mental Health Quality Assessment (SMH-QA)</u> on the <u>School Health Assessment and Performance Evaluation</u> (SHAPE) System (1-2 hours)		1	

WSCC Emotional Well-Being LC 2023-24 Cohort Schedule				
Leadership Training				
August 31, 2023	Welcome Webinar for All SEA Leadership (60 minutes)			
1-2 PM EST/12-1 PM CST/11-12 AM MST	All State Team members invited to attend			
September 2023	Individual State Leadership Launch Meetings (60 minutes)			
Individually scheduled	At least 2 state team leaders to attend with project staff			
September 12, 2023	SEA and District Kick-off/Intensive Training (4 hours)			
11-3 PM EST/10-2 PM CST/9-12 PM MST	All participating states and district teams, including the District Youth Liaison			
October 17 & 19, 2023	Youth Leadership Academy Intensive Training (2-days, 2-hours each day)			
12-2 PM ET/11-1 PM	District Youth Liaisons and Youth Leaders			
CST/10-12 PM MST	State and district teams invited to attend a portion of the 2^{nd} day			
Training and Technical Assistance Support for States and Districts				
November 2023-June 2024 2 nd Tuesday of the month 12:30-2 PM EST/11:30-1 PM CST/10:30-12 PM MST	 Monthly Community of Practice Action Calls (CoP) (90 minutes) Focused on shared learning and quality improvement with didactics lead by notional experts on school mental health 			
November 14, December 12, January 9, February 13, March 12, April 9, May 14, June 11	 didactics lead by national experts on school mental health, social-emotional learning All SEA and District Teams 			
November 2023-May 2024	4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth</u>			
4th Tuesday of the month from 1-2 PM EST/12-1 PM CST/11-12 PM MST November 28, January 23,	 On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being 			
March 26, April 23				