



District/Local Education Agency Expectations

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

Priority 2: Emotional Well-Being

What is the WSCC Emotional Well-Being LC?

The WSCC Emotional Well-Being LC will be composed of **State Education Agencies (SEAs), districts, schools,** and partners committed to improving emotional well-being in school communities.

Role of the District/Local Education Agency Team

- **Assemble a multi-disciplinary team including district administrators, school mental health professionals, student leaders, families, community partners. This may develop from existing teams.**
 - Clarify roles and expectations of the team, including selecting a District Team Leader
 - Determine the structure and function of the team (when and how often this team will meet)
- **Select a District Youth Liaison who will support youth leaders in setting and implementing goals to advance emotional well-being efforts in their district and school.**
- **Attend the District Intensive Training, monthly Learning Collaborative sessions and Youth Leadership Calls (as needed).**
- **Complete the District School Mental Health Profile and the School Mental Health Quality Assessment (SMHQA) on SHAPE and use it to guide action planning for district-level goal.**
- **Develop SMARTIE goal(s) and action plan to address emotional well-being and health equity in the district and implement strategies learned throughout the Learning Collaborative to achieve the goal.**
- **Select 2 youth leaders to participate in the Youth Leadership Academy and provide on-going support to the youth as they develop and implement their goal.**

Expected Responsibilities

| | SEA Team | District team | Youth Leaders |
|---|----------|---------------|---------------|
| Participate in Individual State Kickoff Meeting to complete needs assessment (1-hour) | ✓ | ✓ | |
| Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (two half-days) | ✓ | ✓ | |
| Youth Leadership Academy Intensive Training (two half days) | ✓ | ✓ | ✓ |
| Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts | ✓ | ✓ | |
| Attend Youth Leadership Action calls to plan, share strategies and receive TA from experts | ✓ | ✓ | ✓ |
| Complete a brief form about the tools, resources, policies, programs, practices, and services used and the State School Mental Health Profile (1-3 hours) | ✓ | | |
| Complete the School Mental Health Quality Assessment (SMH-QA) on the School Health Assessment and Performance Evaluation (SHAPE) System (1-2 hours) | | ✓ | |

WSCC Emotional Well-Being LC 2024-25 Cohort Schedule

| Leadership Training | |
|---|---|
| <p>August 2024</p> <p>Individually scheduled</p> | <p>Individual State Kick-Off Meetings (60 minutes)</p> <p>State team members, district team members and Faculty Liaison</p> |
| <p>September 19 & 26, 2024</p> <p>11-2 PM EST/10-1 PM CST/9-12 PM MST</p> | <p>SEA and District Kick-off/Intensive Training (2-days, 3 hours each day)</p> <p>All participating states and district teams, including the District Youth Liaison</p> |
| <p>October 29, 2024; March 27 & May 27, 2025</p> <p>1-2 PM EST/12-1 PM CST/11-12 PM MST</p> | <p>Train the Trainer (60 minutes)</p> <p>State leads</p> <p>District team members invited to attend</p> |
| <p>November 19 & 21, 2024</p> <p>12-2 PM EST/11-1 PM CST/10 -12 PM MST</p> | <p>Youth Leadership Academy Intensive Training (2-days, 2-hours each day)</p> <p>District Youth Liaisons and Youth Leaders</p> <p>State and district teams invited to attend a portion of the 2nd day</p> |
| Training and Technical Assistance Support for States and Districts | |
| <p>October 2024-May 2025</p> <p>2nd Tuesday of the month 1-2:30 PM EST/12-1:30 PM CST/11-12:30 PM MST</p> <p><i>October 8, November 12, December 10, January 14, February 11, March 11, April 8, May 13</i></p> | <p>Monthly Community of Practice Action Calls (CoP) (90 minutes)</p> <ul style="list-style-type: none"> ● Focused on shared learning and quality improvement with didactics lead by national experts on school mental health, social-emotional learning ● All SEA and District Teams |
| <p>January – April 2025</p> <p>Tuesdays 1-2 PM EST/12-1 PM CST/11-12 PM MST</p> <p><i>January 28, February 25, March 25, April 29</i></p> | <p>4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth Leaders</u></p> <ul style="list-style-type: none"> ● On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being |