



District/Local Education Agency Expectations

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

Priority 2: Emotional Well-Being

What is the WSCC Emotional Well-Being LC?

The WSCC Emotional Well-Being LC will be composed of **State Education Agencies (SEAs), districts, schools,** and partners committed to improving emotional well-being in school communities.

Role of the District/Local Education Agency Team

- **Assemble a multi-disciplinary team including district administrators, school mental health professionals, student leaders, families, community partners. This may develop from existing teams.**
 - Clarify roles and expectations of the team, including selecting a District Team Leader
 - Determine the structure and function of the team (when and how often this team will meet)
- **Select a District Youth Liaison who will support youth leaders in setting and implementing goals to advance emotional well-being efforts in their district and school.**
- **Attend the District Intensive Training, monthly Learning Collaborative sessions and Youth Leadership Calls (as needed).**
- **Complete the District School Mental Health Profile and the School Mental Health Quality Assessment (SMHQA) on SHAPE and use it to guide action planning for district-level goal.**
- **Develop SMARTIE goal(s) and action plan to address emotional well-being and health equity in the district and implement strategies learned throughout the Learning Collaborative to achieve the goal.**
- **Select 2 youth leaders to participate in the Youth Leadership Academy and provide on-going support to the youth as they develop and implement their goal.**

Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in LC virtual Welcome Event webinar (1-hour)	✓		
Participate in Individual State Leadership Meeting to complete needs assessment (1-hour)	✓		
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (half day)	✓	✓	
Youth Leadership Academy Intensive Training (half day)	✓	✓	✓
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	✓	✓	
Attend 4 Youth Leadership Action calls to plan, share strategies and receive TA from experts (1-hour each)	✓	✓	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the State School Mental Health Profile (1-3 hours)	✓		
Complete the School Mental Health Quality Assessment (SMH-QA) on the School Health Assessment and Performance Evaluation (SHAPE) System (1-2 hours)		✓	

WSCC Emotional Well-Being LC 2023-24 Cohort Schedule

Leadership Training	
<p>August 31, 2023</p> <p>1-2 PM EST/12-1 PM CST/11-12 AM MST</p>	<p>Welcome Webinar for All SEA Leadership (60 minutes)</p> <p>All State Team members invited to attend</p>
<p>September 2023</p> <p>Individually scheduled</p>	<p>Individual State Leadership Launch Meetings (60 minutes)</p> <p>At least 2 state team leaders to attend with project staff</p>
<p>September 12, 2023</p> <p>11-3 PM EST/10-2 PM CST/9-12 PM MST</p>	<p>SEA and District Kick-off/Intensive Training (4 hours)</p> <p>All participating states and district teams, including the District Youth Liaison</p>
<p>October 17 & 19, 2023</p> <p>12-2 PM ET/11-1 PM CST/10-12 PM MST</p>	<p>Youth Leadership Academy Intensive Training (2-days, 2-hours each day)</p> <p>District Youth Liaisons and Youth Leaders</p> <p>State and district teams invited to attend a portion of the 2nd day</p>
Training and Technical Assistance Support for States and Districts	
<p>November 2023-June 2024</p> <p>2nd Tuesday of the month 12:30-2 PM EST/11:30-1 PM CST/10:30-12 PM MST</p> <p><i>November 14, December 12, January 9, February 13, March 12, April 9, May 14, June 11</i></p>	<p>Monthly Community of Practice Action Calls (CoP) (90 minutes)</p> <ul style="list-style-type: none"> ● Focused on shared learning and quality improvement with didactics lead by national experts on school mental health, social-emotional learning ● All SEA and District Teams
<p>November 2023-May 2024</p> <p>4th Tuesday of the month from 1-2 PM EST/12-1 PM CST/11-12 PM MST</p> <p><i>November 28, January 23, March 26, April 23</i></p>	<p>4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth Leaders</u></p> <ul style="list-style-type: none"> ● On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being