



District/Local Education Agency/School Expectations

National Initiative to Advance Emotional Well-Being in K-12 Education by
Preventing Chronic Disease and Promoting Healthy Behaviors

Priority 2: Emotional Well-Being

What is the WSCC Emotional Well-Being LC?

The WSCC Emotional Well-Being LC will be composed of **State Education Agencies (SEAs), districts, schools,** and partners committed to improving emotional well-being in school communities.

Role of the District/Local Education Agency/School Team

- **Assemble a multi-disciplinary team including district administrators, school mental health professionals, student leaders, families, community partners. This may develop from existing teams.**
 - Clarify roles and expectations of the team, including selecting a District Team Leader
 - Determine the structure and function of the team (when and how often this team will meet)
- **Select a District Youth Liaison who will support youth leaders in setting and implementing goals to advance emotional well-being efforts in their district and school.**
- **Attend the District Intensive Training, monthly Learning Collaborative sessions and Youth Leadership Calls (as needed).**
- **Complete the District School Mental Health Profile and the School Mental Health Quality Assessment (SMHQA) on SHAPE and use it to guide action planning for district-level goal.**
- **Develop SMART goal(s) and action plan to address emotional well-being in the district and implement strategies learned throughout the Learning Collaborative to achieve the goal.**
- **Select 2 youth leaders to participate in the Youth Leadership Academy and provide on-going support to the youth as they develop and implement their goal.**

Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in State Kickoff Meeting to complete needs assessment (1.5-hours)	✓		
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (two half-days)	✓	✓	
Youth Leadership Academy Intensive Training (two half days)	✓	✓	✓
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	✓	✓	
Attend Youth Leadership Action calls to plan, share strategies and receive TA from experts	✓	✓	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the State School Mental Health Profile (1-3 hours)	✓		
Complete the School Mental Health Quality Assessment (SMH-QA) on the School Health Assessment and Performance Evaluation (SHAPE) System (1-2 hours)		✓	