



Participating District Overview

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

Priority 2: Emotional Well-Being

The [National Center for School Mental Health](#) (NCSMH) and the [Collaborative for Academic, Social, and Emotional Learning](#) (CASEL) is hosting a **one-year (August 2024-June 2025) CDC Healthy Schools WSCC Emotional Well-Being Learning Community (WSCC Emotional Well-Being LC)** to advance health equity in K-12 schools through focus on **mental health** and **emotional well-being supports**. Participating state teams will work with identified districts and schools to **advance school-based services** aimed at improving emotional well-being for students and school communities disproportionately affected by chronic disease and associated risk factors.

Initiative Overview

The CDC's **Whole School, Whole Community, Whole Child** (WSCC) framework is a comprehensive, **student-centered** approach to advance health equity that focuses on the connection between health and academic achievement, supported through **evidence-based** policies and practices with the community supporting the schools. The WSCC Emotional Well-Being LC will utilize the WSCC framework to **promote the emotional well-being of children and adolescents in schools** through professional development, technical assistance, training, resources, and implementation support. **The LC will focus on amplifying youth voices by engaging youth as collaborative leaders** in advancing youth emotional well-being. This learning community will use an **equity-driven**, community of practice approach to facilitate shared learning and continuous quality improvement.

Learning content will include culturally responsive best practices to advance equity in:

- School Mental Health
- Social Emotional Learning
- Youth Leadership
- Staff Wellness
- Supporting Teacher-Student Relationships
- Universal Mental Health Screening
- Advancing School Emotional Well-Being Policies and Procedures

What is the WSCC Emotional Well-Being LC?

The WSCC Emotional Well-Being LC will be composed of **State Education Agencies (SEAs), districts, schools,** and partners committed to improving emotional well-being in school communities.

NCSMH and **CASEL** will support SEA teams in identifying **approximately 5 districts** with a commitment to equity and a holistic approach to supporting adults and students in school communities that are underserved, socio-economically marginalized, and disproportionately affected by chronic diseases and the risk factors that cause them.

District leadership teams may include directors of behavioral health/student support services, school climate leads, SEL leaders (if applicable), school administrators, family/community engagement liaisons, educators, and youth and family partners.

Why participate in the WSCC Learning Collaborative?

- **Receive year-long training, technical assistance, and coaching** from national experts at the NCSMH and CASEL
- **Gain access to training and resources** from NCSMH and CASEL's extensive partnerships with over 100 organizations to support SEAs, districts, and schools
- Engage in training and supports to **elevate youth voices** and engage youth as **collaborative partners** in advancing youth emotional wellness
- **Address disparities** in access and availability of emotional well-being services
- **Improve the quality of services** to support student emotional well-being in your state
- Receive **training and implementation support** for school staff in:
 - Integrating Culturally Responsive, Trauma-Informed School Mental Health
 - Implementing Evidence-based, Equitable and Inclusive Social Emotional Learning
 - Applying SEL skills to strengthen teacher-student relationships
 - Implementing universal mental health screening best practice
 - Promoting staff wellness
- **Collaborate and learn with a network of peers** from across the nation

Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in Individual State Kickoff Meeting to complete needs assessment (1-hour)	✓	✓	
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (two half-days)	✓	✓	
Youth Leadership Academy Intensive Training (two half days)	✓	✓	✓
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	✓	✓	
Attend Youth Leadership Action calls to plan, share strategies and receive TA from experts	✓	✓	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the State School Mental Health Profile (1-3 hours)	✓		
Complete the School Mental Health Quality Assessment (SMH-QA) on the School Health Assessment and Performance Evaluation (SHAPE) System (1-2 hours)		✓	

WSCC Emotional Well-Being LC 2024-25 Cohort Schedule

Leadership Training	
<p>August 2024</p> <p>Individually scheduled</p>	<p>Individual State Kick-Off Meetings (60 minutes)</p> <p>State team members, district team members and Faculty Liaison</p>
<p>September 19 & 26, 2024</p> <p>11-2 PM EST/10-1 PM CST/9-12 PM MST</p>	<p>SEA and District Kick-off/Intensive Training (2-days, 3 hours each day)</p> <p>All participating states and district teams, including the District Youth Liaison</p>
<p>October 29, 2024; March 27 & May 27, 2025</p> <p>1-2 PM EST/12-1 PM CST/11-12 PM MST</p>	<p>Train the Trainer (60 minutes)</p> <p>State leads</p> <p>District team members invited to attend</p>
<p>November 19 & 21, 2024</p> <p>12-2 PM EST/11-1 PM CST/10 -12 PM MST</p>	<p>Youth Leadership Academy Intensive Training (2-days, 2-hours each day)</p> <p>District Youth Liaisons and Youth Leaders</p> <p>State and district teams invited to attend a portion of the 2nd day</p>
Training and Technical Assistance Support for States and Districts	
<p>October 2024-May 2025</p> <p>2nd Tuesday of the month 1-2:30 PM EST/12-1:30 PM CST/11-12:30 PM MST</p> <p><i>October 8, November 12, December 10, January 14, February 11, March 11, April 8, May 13</i></p>	<p>Monthly Community of Practice Action Calls (CoP) (90 minutes)</p> <ul style="list-style-type: none"> ● Focused on shared learning and quality improvement with didactics lead by national experts on school mental health, social-emotional learning ● All SEA and District Teams
<p>January – April 2025</p> <p>Tuesdays 1-2 PM EST/12-1 PM CST/11-12 PM MST</p> <p><i>January 28, February 25, March 25, April 29</i></p>	<p>4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth Leaders</u></p> <ul style="list-style-type: none"> ● On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being