



## State Education Agency Expectations

National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors

### Priority 2: Emotional Well-Being

#### State Education Agency (SEA) Team Role in the WSCC Emotional Well-Being Learning Collaborative

In addition to setting state-wide goals to advance health equity and emotional well-being, SEA teams are tasked with providing the structure and organization for the districts to move throughout the LC. State teams do not need to be the experts but can help to facilitate the districts understanding of content/resources and support the districts in implementing their efforts.

NCSMH and CASEL will support SEA teams in identifying **approximately 5 districts** with a commitment to equity and a holistic approach to supporting adults and students in school communities that are underserved, socio-economically marginalized, and disproportionately affected by chronic diseases and the risk factors that cause them.

#### Role of the State Education Agency Team

- Convene and build a collaborative State-wide team to support emotional well-being.
- Select districts to participate in the yearlong learning collaborative.
- Support district leaders in assembling a multi-disciplinary team including administrators, school mental health professionals, student leaders, families, community partners.
- Complete the State Mental Health Profile on SHAPE and use it to guide action planning for a state level goal.
- Provide structure and support for district teams to complete needs assessment, develop an action plan, and implement goals. This may look like:
  - Holding a state-level meeting once a month to talk about district progress & answer questions.
  - Provide space/time for districts to meet and work on goals.
  - Connect districts to state and local resources to support their goals.
- Support districts in selecting and engaging with youth leaders to participate in the Youth Leadership Academy.

## Expected Responsibilities

	SEA Team	District team	Youth Leaders
Participate in Individual State Kickoff Meeting to complete needs assessment (1-hour)	✓	✓	
Attend a virtual SEA and District Kick-off Training with the NCSMH and CASEL (two half-days)	✓	✓	
Youth Leadership Academy Intensive Training (two half days)	✓	✓	✓
Attend monthly 1.5-hour LC calls focused on action planning, networking <u>and</u> receive professional development from national experts	✓	✓	
Attend Youth Leadership Action calls to plan, share strategies and receive TA from experts	✓	✓	✓
Complete a brief form about the tools, resources, policies, programs, practices, and services used and the <a href="#">State School Mental Health Profile</a> (1-3 hours)	✓		
Complete the <a href="#">School Mental Health Quality Assessment (SMH-QA)</a> on the <a href="#">School Health Assessment and Performance Evaluation (SHAPE) System</a> (1-2 hours)		✓	

## WSCC Emotional Well-Being LC 2024-25 Cohort Schedule

Leadership Training	
<p><b>August 2024</b></p> <p>Individually scheduled</p>	<p><b>Individual State Kick-Off Meetings (60 minutes)</b></p> <p>State team members, district team members and Faculty Liaison</p>
<p><b>September 19 &amp; 26, 2024</b></p> <p>11-2 PM EST/10-1 PM CST/9-12 PM MST</p>	<p><b>SEA and District Kick-off/Intensive Training (2-days, 3 hours each day)</b></p> <p>All participating states and district teams, including the District Youth Liaison</p>
<p><b>October 29, 2024; March 27 &amp; May 27, 2025</b></p> <p>1-2 PM EST/12-1 PM CST/11-12 PM MST</p>	<p><b>Train the Trainer (60 minutes)</b></p> <p>State leads</p> <p>District team members invited to attend</p>
<p><b>November 19 &amp; 21, 2024</b></p> <p>12-2 PM EST/11-1 PM CST/10 -12 PM MST</p>	<p><b>Youth Leadership Academy Intensive Training (2-days, 2-hours each day)</b></p> <p>District Youth Liaisons and Youth Leaders</p> <p>State and district teams invited to attend a portion of the 2<sup>nd</sup> day</p>
Training and Technical Assistance Support for States and Districts	
<p><b>October 2024-May 2025</b></p> <p>2<sup>nd</sup> Tuesday of the month 1-2:30 PM EST/12-1:30 PM CST/11-12:30 PM MST</p> <p><i>October 8, November 12, December 10, January 14, February 11, March 11, April 8, May 13</i></p>	<p><b>Monthly Community of Practice Action Calls (CoP) (90 minutes)</b></p> <ul style="list-style-type: none"> <li>● Focused on shared learning and quality improvement with didactics lead by national experts on school mental health, social-emotional learning</li> <li>● All SEA and District Teams</li> </ul>
<p><b>January – April 2025</b></p> <p>Tuesdays 1-2 PM EST/12-1 PM CST/11-12 PM MST</p> <p><i>January 28, February 25, March 25, April 29</i></p>	<p><b>4 Youth Leadership Action Calls for SEAs, Districts and <u>Youth Leaders</u></b></p> <ul style="list-style-type: none"> <li>● On-going support and training for youth leaders to lift up youth voices and engage them as collaborative partners in support of the emotional well-being</li> </ul>