





Youth Action Call February 27, 2024

Whole School, Whole Community, Whole Child Learning Collaborative (WSCC LC)

CDC National Initiative to Advance Health Equity in K-12 Education by Preventing Chronic Disease and Promoting Healthy Behaviors
Priority 2: Emotional Well-Being

National Center for School Mental Health & Collaborative for Academic, Social, and Emotional Learning







Keep cameras on (It's good to see you ©)

Change your Zoom Name to: State Initials – First Name, pronouns, grade

Example: MD - Jill, she/her, 10

We are going to do our connector on ...















Effective communication is an important leadership skill.

Which of these picture examples illustrates your communications skills or style as a leader? Why?





Agenda



- **©** Leadership Skill: Assertiveness
- Sharing Goals with Others
- State Breakout Sharing
- Wrap up and Feedback Survey





Shared Agreements



- Use "I statements" to state opinions or feelings
- Respect everyone's differences
- Respect everyone's opinions
- Use inclusive language
- Use your right to say: "pass" or "pass and come back"

Please give us a thumbs up to agree!





Share your wisdom about school community needs!

Share this!

 Share your opinions, ideas, and questions about school mental health

Avoid this.

 Do not share names or specific details about personal struggles or traumatic or scary experiences.







What does it mean to be assertive?

Add in the chat





3-part Assertive Statement



Empathy Statement:

• I feel_____

Rationale/Reason:

• Because_____

Request:

- I wanted you to know_____
- I would like_____





Practice Assertive Statements

 On the JamBoard, write an assertive statement you can use in the following scenario:

"You are reviewing your grades and find that you received a zero for an assignment you turned in. How would you approach your teacher to discuss your grade?"

- I feel..._____ because_____
- I wanted you to know_____. I would like_____.



State Breakout Groups





Breakout Groups



- Introduce yourself and your goal.
- Fill out the talking points worksheet.
- Practice delivering your points assertively.
- If time, practice asking each other questions about your goals and responding.
- State/District Leaders will join you later.







What is your goal





Why is this goal important to you and to other youth in your community



What is your first step or next step



What would you like advice/guidance/support on





Directions for Breakout Group

You will be sent to your breakout group

Take a few minutes to fill out your worksheet

Take turns practicing your talking points





Adult Leaders

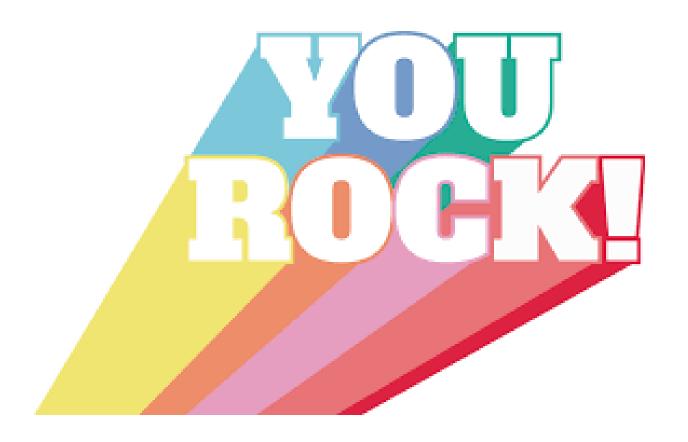
While the youth practice, please use this time to discuss the two following questions/statements:

Can you identify questions that you can ask your youth leader that you want to get their feedback on?

Share how you can integrate youth more strategically into your work advancing youth emotional well-being







 Write one take away from today in the chat

Thank you for being awesome!!!





Youth Leader Feedback Survey

We want your feedback to improve your experience

Please take 1–2 minutes to provide feedback on today's session

before you log off!

Click on the link in the chat OR;

Type in bit.ly/youthwscc











Our next call will be on March 19th

Future Session



Please meet with your district youth liaison to continue advancing your goal





WSCC Emotional Well-Being LC Communications

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Websites: schoolmentalhealth.org

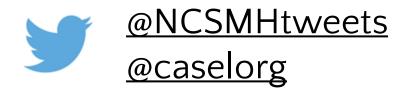
e4ed.com

casel.org

Listserv bit.ly/NCSMH_listserv

CASEL Newsletters: Newsletters - CASEL

Social Media





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