



## WSCC Emotional Well-Being Learning Collaborative

### Engaging Youth Leaders in Your Community

#### Process for Districts to engage Youth Leaders in their community to advise & lead

We will be working with you to help amplify youth voices by engaging existing youth leaders from each district as collaborative partners in supporting the health and well-being of students in their community. The youth selected for the role will participate in a **Youth Leadership Academy and Youth Leadership Action Calls** where they will help drive the design and implementation of social emotional learning (SEL), student mental health (SMH) and skill development in their school communities. **Youth will be compensated for their participation.**

#### 1) Who are the existing youth leaders in your state and district?

Consider the existing advisory boards, councils, organization and clubs within the state, district, and schools as these are excellent places to start when considering recruiting youth

#### 2) Identify 2-3 youth per district.

- Consult with adult employees in the district (i.e., those engaged in existing groups with youth leader representations)
- Identify a small pool of potential youth leaders to consider representing the district in our WSCC LC Youth Leadership Academy.
- Determine a process for selecting youth to officially participate in the WSCC Youth Leadership Academy. Districts may consider a formal or informal nomination process, application, screening interview, etc. for selecting the youth leader.

#### 3) Consult with the Youth Engagement Liaison (Dr. Tiffany Beason) throughout the process. Dr. Beason can help your district:

- Identify groups/councils to reach out to
- Develop a Consent process
- Provide templates for forms and help you adapt them to your district/state policies and procedures

#### Inclusion criteria for selected Youth Leaders:

- Young people from communities most impacted by chronic disease and its risk factors, including Youth living in poverty; Youth of Color
- Age 13-18 years old
- Current or past Youth Leader or Representative on a State, District or School Council, Organization, Committee or Club
- Ability to commit to two 2-hour intensive trainings as well as four 1-hour action calls over school year.

#### Groups/Organizations to recruit Youth Leaders from:

- District Youth Advisory Committee Representatives
- Youth Representative on the School Board
- Student Government Association Leaders
- State Youth Leadership Council Representatives/ Tribal Youth Leadership Council Representatives
- Youth Leaders/Representatives on Parent, Teacher, Student Organizations (PTSO)
- Youth Leaders on School Social Emotional Learning Team/Mental Health Organizations or Clubs
- Youth Leaders from School Organizations/Clubs (e.g. Students of Color/Black, Indigenous, People of Color (BIPOC) Student Union, LGBTQIA+ Union, etc.)